

beverages {BEV-ER-IJ}

Soft drinks 300ml	19	
Tisers 330ml	22	
Energade 500ml	22	
Red Bull		
250ml	30	
355ml	35	
Sir Fruit 250ml	24	
Liqui Fruit	19	
Espresso		
Single	22	
Double	44	
	REG	LRG
Americano / Macchiato	22	28
Cappuccino	28	33
Decaf cappuccino	28	33
Cappuccino (Oat Milk / Almond Milk)	38	43
Latte	28	33
Hot chocolate	28	33
Tea (Rooibos / English)	22	28

smoothies {SMOO-THEE}

Pineapple Ginger Crush	46
Mixed Berry Blast	50
Peanut Butter and Banana	43

milkshakes {MILK-SHÄK}

Banana Strawberry	46
Strawberry	39
Chocolate	39
Banana	39

GRILL

Open flame cooking at its best. Select your favourite cut and enjoy a summer favourite prepared on the open flames to order.

Served with one side salad and potato wedges

Halloumi	75
Salmon 180g	213
Beef sirloin steak 250g	127
Lamb loin chops 300g	184
Chicken fillet 250g	72

Grilled chicken

Family style chicken meal basted in your choice of lemon herb or Portuguese sauce

- Half	95
Served with two rolls and chips	
- Full	185
Served with four rolls and chips	

Served with a small side salad or potato wedges

Grilled chicken wings	62
Grilled quarter chicken leg	66
Sticky pork spare riblets (BBQ)	120

A LIL'BIT SAUCY

ADD A SAUCE TO YOUR MEAL

Cheese	17	Chimichurri	17
Mushroom cheese	17	Tartar	17
Spicy tomato relish	17	Tomato salsa	17
Prego	17	Curry	17
Harissa	17		

NEED A LIL'BIT MORE?

ADD ONE OF THESE TO YOUR MEAL

Cheddar	17	Halloumi	22
Avo	17	Jalapeño	17
Fresh chillies	8	Gherkins	17
Blue cheese	22		

Newton's

EATERY

MENU

Operating Hours: 07:00 - 17:30

☎ 012 841 4582

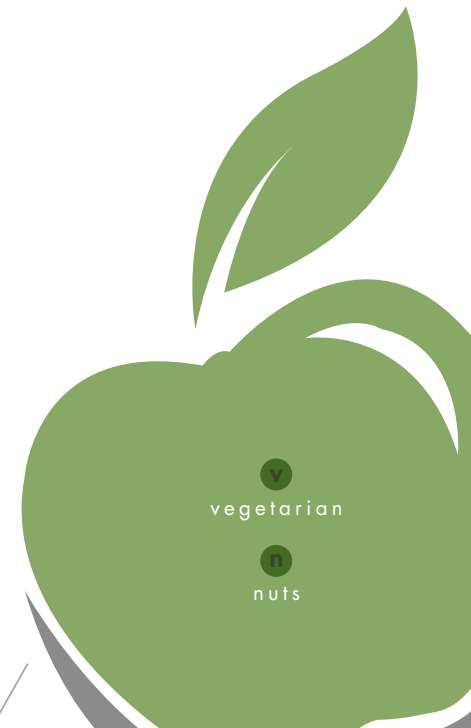
🌐 www.newtonsatcsir.co.za

All our food is prepared in a kitchen where nuts, gluten, chilli and other known allergens may be present. If you have a food allergy, please speak to a staff member before placing your order.

Halal meal options available on request.

Keep and eye out for our daily/weekly special offers - suggestions welcome!

All our takeaways are served in compostable containers - feed our planet!



breakfast {BREK-FUHST}

served until 10:30

SCRAM 'BOWLS'

Three scrambled eggs with your choice of fillings
- served with a slice of rye or bruschetta bread

Bacon and cheddar	54
Mushroom and chive cream cheese	57
Smoked salmon, feta, spring onion and diced tomato	108

BREAKFAST STACK **103**

Homemade burger patty topped with cheddar, bacon, grilled cocktail tomatoes, caramelised onion and two eggs on a toasted English muffin. Served with a choice of side salad or chips

HEALTH CONSCIOUS

Oats, almonds, cinnamon and honey n	48
Cut fruit served with double cream yoghurt, granola and honey	48

CROISSANTS

Grated cheddar and preserves	43
Brie, cranberry and bacon	66
Chevin, balsamic glazed cocktail tomato and basil pesto	72
Smoked salmon scrambled eggs, cream cheese and chives	99
'Wilted' spinach, cream cheese, grilled mushrooms, poached eggs and parmesan shavings	72

EGG ON **43**

Two eggs prepared to your preference (fried, scrambled, poached) served on a base of choice

Ciabatta	Health loaf
100% Rye	Sweet potato toast
White	

IT'S ALL ABOUT THE BASE

CUSTOMISE IT WITH THESE EXTRAS

Bacon	28	Grilled tomato	10
Savoury mince	28	Grilled mushrooms	17
Smoked salmon	43	Cottage cheese	17
Egg	10	Feta cheese	17
Hollandaise sauce	17	Grilled chicken strips	28
Cheese	17	Slice of toast	7

BREAKFAST FOCACCIA

Served in toasted focaccia pockets with a side salad or chips

Brëkkie	72
Focaccia filled with bacon, fresh tomato slices, a fried egg, cheese and mild chilli mayo	
M&M	72
Focaccia filled with savoury mince and mozzarella	
C&P	66
Focaccia filled with chicken, pesto mayo and sundried tomatoes	
Greengrocer	66
Focaccia filled with creamed spinach, feta and hummus	

DAILY BAKES

Ask your server about today's freshly baked treats
Bakes are priced individually

lunch {LUHNCH}

served until 15:30

WRAPS

Served with a small side salad or chips

Halloumi, grilled peppers and sweet chilli v	61
Pesto chicken, sundried tomatoes, pickled peppers and pesto mayo	66
BBQ sirloin strips, caramelised onion, mozzarella and mustard	72

TOASTIES

Your choice of white, brown or 100% rye bread - served with a Greek salad or oven roast potato wedges or sweet potato fries

Cheese and tomato	39
Bacon, egg and cheese	50
Chicken mayo	50
Feta, avo and bacon	61
Bacon and cheese	50
Bacon and egg	50

BURGERS

Served with a small side salad or chips

Bun: Freshly baked on site daily
Base: Greens, tomato, pickled peppers, cucumber and caramelised onion
Patty: 180g Homemade beef burger or grilled chicken breast

Basic chicken	77
Basic beef	83
Say cheese	94
Coated with melted cheddar	
Low carb burger	77
No bun - served on sweet potato toast with roasted veg	
Veggie burger	72

SALADS

Greek v	61
Feta, olives, tomato, cucumber, green pepper and red onion	
Honey and balsamic chicken salad n	72
Honey and balsamic glazed chicken with oven roasted seasonal veg, lettuce, tomato, cucumber and cashews	
Cajun steak, egg and avo salad	83
Slithers of flame grilled Cajun rump strips, boiled egg, sliced avo, greens, charred onion, tomato and red onion served with a chimichurri dressing	
Chef salad n	77
Grilled chicken strips, greens, tomato, cucumber, peppers, carrot ribbons, toasted almonds, red onion, green pepper and fresh pineapple	
Asian chicken salad with crunchy noodles n	88
Cucumber, shredded red cabbage, red onion, spring onion, pickled ginger, coriander, greens, toasted almonds, sesame seeds, shredded chicken, honey, peanut and soy dressing, peanut brittle, rice noodles and 'crunchies'	
Caesar salad v	72
Halloumi, boiled egg, greens, croutons, parmesan and a Caesar dressing	

PASTA

Chicken and pesto pasta	87
Creamy basil pesto sauce with shredded chicken and penne pasta served with fresh chillies and parmesan on the side	
'Crunchy' rigatoni bolognese parmesan and ricotta cheese	90
Rich bolognese, parmesan and ricotta cheese with 'crunchy' rigatoni pasta and chillies on the side	
Lamb	109
Slow roast lamb, mushrooms and truffle oil on fettuccine served with fresh chilli and parmesan on the side	

Right of admission reserved | All prices on the menu inclusive of VAT and may change without prior notice | Should an ingredient, for any reason, be unavailable, we reserve the right to replace it with a suitable substitute | We do not use any alcohol or pork products in any of our food preparation | No service charge is included in the menu prices | 10% Service charge will be included for groups of 10 or more.

Please note that this is a cash free environment for safety and security reasons. Should you insist on offering our Team a tip, it will be ring-fenced in the C&A Group tip fund to benefit all members who assist in making your experience memorable.